

## M Café de Chaya

From the Chaya family of restaurants comes M Café de Chaya. Executive chef Tachibe has personally recruited chef Lee Gross (former private chef for Gwyneth Paltrow) and Eric Lechasseur (previously personal chef for the likes of Madonna, Leonardo DiCaprio, and Tobey Maguire). Although the cuisine is actually based upon a loose interpretation of Macrobiotic principles, the chefs of M Café have gone to great lengths to build their menu around textures and flavors that are familiar, comfortable, and delicious. M Café offers a wide range of soups, salads, sandwiches, and sweets, all produced without refined sugar, dairy products, or eggs. Lunch and dinner can be enjoyed in the casual, bistro-style café, or as quick "grab and go" takeout, which includes an assortment of popular pressed paninos, the Melrose Muffelata, "the big macro," house-made soups and salads, and even a selection of sushi rolls. Watch for the bright yellow awnings. 7119 Melrose Ave. (323) 525-0588.